

Brain workout

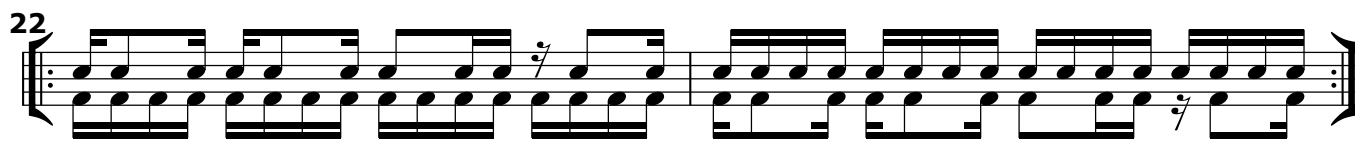
This lesson is full of patterns to test your co-ordination.

The two *voices* in each example can be played on any two sound sources. You could use snare and floor tom, rims, two magazines... it doesn't matter! Advanced players could try these with their feet, or using a combination of hands and feet. Good luck!

Top line = Right Hand / Bottom line = Left Hand...

NO FLAMS!

The image displays 20 numbered musical exercises, each consisting of two staves (Right Hand / Left Hand). The exercises are arranged in five rows of four. Exercises 1-16 are in 2/4 time, while 17-20 are in 4/4 time. The patterns involve various rhythmic combinations of eighth, quarter, and half notes, often with rests and repeat signs. Exercises 1-16 are short, 4-measure phrases. Exercises 17-20 are longer, 8-measure phrases. The exercises are designed to test coordination between the two hands.



Things can get really messy when we use broken rhythms on both hands!
The possibilities are endless - invent some of your own...

